



SOUTHERN CLUSTER SMALL WHITES FIRST KICKS FOOTBALL PLAYER PROGRAMME FOR 4-6 YR OLDS (BORN 2015-2017) PUKEKOHE, TUAKAU & DRURY FOOTBALL CLUSTER 2021

Pukekohe AFC is the local community football club in Pukekohe offering playing opportunities to children and adults of all ages and abilities.

Pukekohe AFC has adopted the NZ Football 'Whole of Football Plan' which is a detailed grassroots programme operating throughout New Zealand. It provides a united pathway for players to deliver a consistent high quality experience that is designed and tailored to meet player's needs.

All games will be played at the A & P Showgrounds and will run from 9.00am – 10.00am every Saturday. Upon very wet weather the A & P Showgrounds may be closed. Please check the club website:

www.pukekoheafc.com frequently to provide information as to whether trainings are permitted on the A & P Showgrounds for that week or whether play will happen on a Saturday.

To check if play will continue on any given Saturday morning please phone our

'Southern Small Whites Wet Weather Line' and listen to the message: 027 483 4078. Please do not leave a message on this phone as it is not checked regularly.

COMMUNITY OPEN DAY:

Pukekohe AFC will be hosting their Community Open Day again this year.

Pukekohe AFC is inviting all children between the ages of 4yrs-6yrs (born 2015-2017) to a Community Club Open Day. This day is for new members to come and try the games/skills we offer each Saturday, prior to registering and paying club fees.

This is also a chance for existing members to 'dust off the cobwebs from summer' and enjoy a morning of football.

All are welcome and it is free to attend. You do not need to be a football player to come and try.

Uniform – for the Open Day players can just wear their own t shirt and shorts. All players must wear shin pads and socks. Players must wear either sandshoes or football boots.

When: Saturday 10 April 2021 at 9.00am. (Arrive at 8.30am)

Time: 9.00am – 11.00am (approx. timing for the Open Day only)

Where: A & P Showgrounds, Station Road, Pukekohe. (entry via Gate 2 or Gate 6, off Station Road)

Programme of the morning will be:

For First Kicks (4-6 yrs old) (born 2015-2017) – We are having an Open Day and the famous McDonalds Roadshow for 4-6 yr olds on Saturday 10 April 2021 starting at 9.00am at A & P Showgrounds.

McDonalds Roadshow starts: 9.00am-10.00am 4-6 yr olds. Fun for the younger football kids in a blow up soccer field. They then move to the Open Day of Football skills.

Open Day of Football: 10.00am-11.00am approx.. 4-6 yr olds. A chance for the younger football kids to try the activities and games we offer for the 2021 season. Children will be placed into a 'Pod' to experience the activities. This will be a short sample day for new players to try (optional to attend for existing club members who have played in our Pod system before).

Come and try our football programme, then you can register and pay fees after this if you wish to continue for the current football season.

We will also have Ronald McDonald attending, the McDonalds blow up soccer pitch as well as the games and activities running for all participants. There will be a 'boot swap/second hand boots for sale' stall. You can also register and pay your fees on this day too, but it is preferable that you register and pay online please. There may be giveaways for all children attending.

You do not need to be a registered member to attend, all welcome. Cost is free.

FIRST SATURDAY OF SEASON FOR FIRST KICKS PODS: (after Open Day)

PARENTS

Please have your child at the A & P Showgrounds at 8.30am on Saturday 8 May 2021 to start the season. Parents firstly please check what pod your child is in on the large board that will be erected by the BBQ on the day, then queue in the correct Pod line. The Club will allocate what Pod your child will be in. We will be issuing t shirts to all Pod children that have **PAID** fees. Please Note: Children that have not paid fees, will not be issued a t shirt. We would appreciate those of you who have not yet paid fees, to settle this amount owing, prior to the day please. (preferred not to accept payment of fees on the day – please pay via internet banking prior).

Fees for the 2021 season are:

Junior First Kicks (4-6 yrs) Born 2015-2017 \$90.00

Junior Fun Football (7-8 yrs) Born 2013-2014 \$120.00

Please pay fees via internet banking into the club account:

Pukekohe AFC

ASB Pukekohe

12-3023-0040770-00

Please use 'player's full name' and 'date of birth' and 'Fees' as a payment reference.

After your child has received their t shirt, then they can make their way to the correct Pod flag. The first games will start at 9.00am and the session will run until 10.00am. The session throughout the season runs for only 1 hour (9am-10am) every Saturday.

SAUSAGE SIZZLE & 2ND HAND BOOTS

Every week we will have a Sausage Sizzle running with sausages and drinks for sale. (\$2.00)

We will have 2nd hand boots available for purchase. We will have a boot swap table. Bring in a pair of football boots that are too small in good condition, to swap for a larger pair on the table. If any families do have boots their children have grown out of, we would be most grateful of your donation to the club to replenish our stocks of 2nd hand boots please.

FIRST KICKS PODS:

POD CO-ORDINATOR

Each Saturday the pod coordinator (parent/person in charge of the pod Yellow Hi Vis Vest) will organise game leaders. They will also decide with the game leaders who receive the player of the day certificates for the pod.

GAME LEADERS

Every Saturday we require parental assistance on all Pods due to our large numbers of players please. We have some awesome volunteers, mostly players from our Club who give up their time to come and coach your children. However, to make the programme successful and enjoyable for your child, we need more helpers! You do not need to have any football knowledge as skill sheets are easy to follow and training is provided. It is simple to have fun with the kids. These parent helpers will be assigned as a Game Leader (Orange Hi Viz Vest). They will be asked to deliver one game/drill to a small group of children, who then rotate to four different activities during the morning. Game Leaders will be asked to deliver the same drill to the different groups on one Saturday, then we ask you deliver a different drill the following week.

We have a group of Duke of Edinburgh Award students from local High Schools to assist us, but still require parental help due to our large numbers of children. If you would like to volunteer for one of these roles please let us know. You do not need to have any football knowledge as skill sheets are easy to follow and training is provided. It is simple to have fun with the kids. Please talk to your Pod Co-Ordinator (Yellow hi viz vest) if you are able to assist, or speak with Paul (First Kicks Co-Ordinator). If we

don't get enough helpers we will be forced to draw up a roster so that every family must supply a game leader twice a season.

PODS PLAYING

A pod will consist of 4 playing fields (stations). Each field (station) will run an activity providing training that will meet the four corners of player development, technical and tactical, physical, mental and social/emotional.

The players rotate on a clockwise basis around the four fields. Each field (station) will have a different activity running for approximately 8-10minutes. This will be general movement, football coordination, football technique or a small sided game. By rotation the players will experience different coaches and strengths in coaching.

Once each group has been to every field (station) they may play a small sided game of **continuous football**. These games are intended to be free flowing with little or no stoppages ensuring speed of play, maximum involvement by the players with lots of touches on the ball. The players will then experience lots of success and above all, have fun.

POD PLAYER NUMBERS

At this stage it is envisaged that we will have 24 children in each pod, by having the pod unit system we can still mix the players into 3 v 3 (4-5 yr olds) and 4 v 4 (6 yr olds). For the 4 yrs & 5 yrs olds they usually will only play football related games/activities.

Each pod is responsible for the setting out the equipment for the four rotations/activities. Pod coordinators and game leaders with the help of parents will set up their own pod. Everything you need for the pod; equipment, cards, instructions etc. will be at the flag for you. If everyone does just a little bit it all adds up. When finished, all players and parents/caregivers will need to bring all equipment back to the centre of the Pods be stored away.

Please ask your children not to touch the equipment (especially the balls) at the Pod flags as we will have counted out exactly what is needed for the activity/rotation. We will try to have a few extra balls away from the pods for them to have a kick around while waiting.

UNIFORM

Parents are asked to supply football boots, shinpads, club football socks and shorts.

Club Socks and shorts are to be maroon Nike Club items. Any brand football boots and shinpads are fine.

The Pukekohe AFC maroon Club Nike socks and shorts can be purchased from Stirling Sports Pukekohe. Pukekohe AFC members receive a discount on purchase. (To receive this discount please print off the club voucher and take into store, the club voucher will be provided to you by the Club Secretary on payment of club fees).

The football boots and shinpads can be purchased from anywhere of your choosing – eg. Rebel Sports, Warehouse, Stirling Sports Pukekohe.

Pukekohe AFC supplies the Club playing t shirt to all paid members and this must be returned at the end of the season.

Please note: All shinpads must be worn inside the sock, against the leg (not over the sock).

Club T Shirts will be issued on Saturday 10 April 2021. Please arrive at 8.30am and line up in the correct Pod line to collect your t shirt.

PRACTICES & GAMES

For children aged 4 yrs – 6 yrs (born 2015-2017) there will be no training sessions/practices during the week. This age group will only play on a Saturday morning. They do not travel and they play at A & P Showgrounds every Saturday morning. Please note - there is no play during school holidays.

On any given Saturday this age group will play from 9.00am-10.00am. It is only the Open Day that runs from 9.00am-11.00am.

SEASON FORMAT

All First Kicks players (born 2015-2017) do not need to attend any muster prior to the season starting. Please attend the Open Day if you wish, then attend the first competition day which is: Saturday 8 May 2021 ready to play.

PLAYING CALENDAR

Children will play for approx. 15 weeks, early May until the start of September. (please see season calendar below on next page).

Month 2021	April	May				June				July				August					Sept
Date Saturday	10	8	15	22	29	5	12	19	26	3	10	17	24	31	7	14	21	28	4
<i>First Kicks & Fun Football</i>	First Kicks Club Open Day	Play Wk 1	Play Wk 2	Play Wk 3	Play Wk 4	Queens Birthday NO PLAY	Play Wk 5	Play Wk 6	Play Wk 7	Play Wk 8	Play Wk 9	NO PLAY	NO PLAY	Play Wk 10	Play Wk 11	Play Wk 12	Play Wk 13	Play Wk 14	Play Wk 15 Last Day of Play

Yellow indicates School/Public Holidays – where yellow, no play for First Kicks & Fun Football at A & P Showgrounds