

# **INFORMATION SHEET – January 2018**

# **FUYA Trials, Dates, Times and Locations**

The trials will occur as follows:

TRIALS @ DRURY Sportsfields	TRIALS @ PUKEKOHE AFC
Wednesday 7th Feb	Monday 12th Feb
10th grade - 5.00pm	10th grade - 5.00pm
13th grade - 6:30pm	13th grade - 6:30pm
Thursday 8th Feb	Tuesday 13th Feb
11th grade - 5.00pm	11th grade - 5.00pm
14th grade - 6:30pm	14th grade - 6:30pm
Friday 9th Feb	Wednesday 14th Feb
12th grade - 5.00pm	12th grade - 5.00pm
15th grade - 6:30pm	15th grade - 6:30pm
Saturday 10th Feb	Thursday 15th Feb
16 & 17th grades - 11.00am	16 & 17th grades - 5:30pm

#### The format will be:

WARM UP (25 MINS)

Rondo - 4 v 1

**Mobility - Dynamic Stretches** 

Rondo - 4 v 1

Stability - Core Movements

Rondo - 4 v 1

Duel Force - Challenged movements

### GAMES (45 MINS)

5 V 5 Round robin - 15-minute games

#### **FUYA Term Fees**

FUYA Price		Per term (incl GST)
Young FUs	10th Grade	\$70.00
Academy Full time*	11,12,13,14 and 15 Grades	\$215.00
Academy Part time**	16 & 17 Grades	\$95.00

<sup>\*</sup>Full time is up to three times a week

#### TRAINING NIGHTS

Training nights and location for each squad training will be determined subject to pitch and coach availability and the outcomes of the <u>squad parent and player workshop</u> with FUYA staff. We'll be as flexible as we can to meet our customer needs!

Session Times	Monday	Tuesday	Wednesday	Thursday	Friday
5.15pm-6.30pm	12th & 13th Grade	12th & 13th Grade	YoungFUs 10/11th Grade	12th & 13th Grade	No Training
6.45pm-8.00pm	14th, 15th & 16/17th Grade	14th, 15th & 16/17th Grade	GK Training	14th, 15th & 16/17th Grade	No Training

#### **FUYA TRAINING GEAR**

We've worked with Joma to put together a training kit for FUYA trainees. This will be complemented with a hoodie and training jacket.

The kit is priced at \$69 but we have secured an early bird discount with Joma (thanks for the support Darren Soroka and Joma!) for \$40 GST incl.

#### Additional items will cost:

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	Normal price incl. GST	Early bird incl. GST			
Academy Base layer	\$65.00	Early Bird offer \$50.00			
Black/Red Crew II Hooded Jacket	\$89.00	Early Bird offer \$60.00			
Sweatshirt	ТВС	ТВС			
Rain Jacket	\$75.00	Early Bird offer \$55.00			
Winter Jacket	\$149.00				
Joma FUYA Training Kit	\$69.00	Early Bird offer \$40.00			

With an eye on keeping costs down, we've selected black socks and shorts for training. These are also the same colour for match day so will have dual purpose! For game day, players will be provided a Joma black and red playing strip from Franklin United to wear during the season.

## **FUYA Contact Details**

Ben Fletcher – <u>academy@franklinunited.nz</u>, or message us on Facebook.

<sup>\*\*</sup>Part time is just once a week at the discretion of the trainee